



Northwest Center Against Sexual Assault
40 Hour Training Schedule | Spring 2019

Topic Area	Content Description	Hours
<p>Session 1: Saturday, February 2nd 9am – 5pm Part 1: History of the Anti-Rape Movement and Rape Culture Part 2: Privilege/Oppression Presenter -</p>	<p>Part 1:</p> <ul style="list-style-type: none"> • History of Anti-Rape Movement • Rape Culture • Rape Myths / Rape is “Normal” • Prevention <p>Part 2:</p> <ul style="list-style-type: none"> • Common Elements of Oppression • Anti-Oppression Theory • Being an Ally 	8
<p>Session 2: Monday, February 4th 6pm – 10pm Sexual Violence Presenter –</p>	<ul style="list-style-type: none"> • Rape and Sexual Assault • Types of Rape (Stranger, Acquaintance, Marital, etc.) • Sexual Harassment • Same Sex Abuse • Adult Survivors of Child Sexual Abuse • Prostitution and Sex Trafficking 	4
<p>Session 3: Wednesday, February 6th 6pm – 10pm CI – Adults Presenter -</p>	<ul style="list-style-type: none"> • Rape Trauma Syndrome (RTS) • Responses to Sexual Assault • Crisis Intervention & Applications to Crisis Intervention • Interventions with Significant Others • Vicarious Trauma, Stress and Self-Care • Role Plays 	4
<p>Session 4: Saturday, February 9th 9am – 5pm Allied Professionals & Medical Advocacy Presenter -</p>	<ul style="list-style-type: none"> • Advocacy Fundamentals • Medical Rights of the Survivor, SASETA • ER response and Medical Advocacy • Evidence Collection Kit • Date rape drugs • Medical Advocacy with Children and Adolescents 	8
<p>Session 5: Monday, February 11th 6pm – 10pm CI – Children & Adolescents Presenter –</p>	<ul style="list-style-type: none"> • Gender and Sexuality - Liv • What is Child Sexual Abuse • Crisis Intervention with Children and Adolescents • Mandated Reporting • Role Plays 	4
<p>Session 6: Wednesday, February 13th 6pm – 10pm Legal Advocacy Presenter -</p>	<ul style="list-style-type: none"> • Legal Rights of the Survivor • Confidentiality • Descriptions of Crimes • Overview of Court System • Crime Victim’s Bill of Rights • Advocacy in Child SA Cases 	4
<p>Session 7: Saturday, February 16th 9am – 5pm General Volunteer Orientation Presenter -</p>	<ul style="list-style-type: none"> • Making Referrals • Required Forms and Documentation • What to Bring on a Hospital Call <ul style="list-style-type: none"> ◦ NWCASA Hospital Specific Information • Role Plays, Scheduling & Wrap-up 	8
Total Number of Hours		40

Contact Allyson Schnoor, Volunteer Coordinator, for more information or to register for the training:

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