



## Northwest Center Against Sexual Assault 40 Hour Training Schedule | Summer 2019

Topic Area	Content Description	Hours
<b>Session 1:</b> <b>Saturday, June 1st</b> <b>9am – 5pm</b> <b>Part 1: History of the Anti-Rape</b> <b>Movement and Rape Culture</b> <b>Part 2: Privilege/Oppression</b>	<b>Part 1:</b> <ul style="list-style-type: none"> <li>• History of Anti-Rape Movement</li> <li>• Rape Culture</li> <li>• Rape Myths / Rape is “Normal”</li> </ul> <b>Part 2:</b> <ul style="list-style-type: none"> <li>• Common Elements of Oppression</li> <li>• Anti-Oppression Theory</li> <li>• Being an Ally</li> </ul>	<b>8</b>
<b>Session 2:</b> <b>Monday, June 3rd</b> <b>6pm – 10pm</b> <b>Sexual Violence</b>	<ul style="list-style-type: none"> <li>• Rape and Sexual Assault</li> <li>• Types of Sexual Assault (Stranger, Acquaintance, Marital, etc.)</li> <li>• Sexual Harassment</li> <li>• Same Sex Abuse</li> <li>• Adult Survivors of Child Sexual Abuse</li> <li>• Prostitution and Sex Trafficking</li> <li>• Gender and Sexuality</li> </ul>	<b>4</b>
<b>Session 3:</b> <b>Wednesday, June 5th</b> <b>6pm – 10pm</b> <b>CI – Adults</b>	<ul style="list-style-type: none"> <li>• Rape Trauma Syndrome (RTS)</li> <li>• Responses to Sexual Assault</li> <li>• Crisis Intervention &amp; Applications to Crisis Intervention</li> <li>• Interventions with Significant Others</li> <li>• Vicarious Trauma, Stress and Self-Care</li> <li>• Role Plays</li> </ul>	<b>4</b>
<b>Session 4:</b> <b>Saturday, June 8<sup>th</sup></b> <b>9am – 5pm</b> <b>Allied Professionals &amp;</b> <b>Medical Advocacy</b>	<ul style="list-style-type: none"> <li>• Medical Rights of the Survivor, SASETA</li> <li>• ER response and Medical Advocacy</li> <li>• Role of the SANE Nurse</li> <li>• Evidence Collection Kit</li> <li>• Date rape drugs</li> <li>• Role Plays</li> </ul>	<b>8</b>
<b>Session 5:</b> <b>Monday, June 10<sup>th</sup></b> <b>6pm – 10pm</b> <b>CI – Children &amp; Adolescents</b>	<ul style="list-style-type: none"> <li>• What is Child Sexual Abuse</li> <li>• Crisis Intervention with Children and Adolescents</li> <li>• Mandated Reporting</li> <li>• Advocacy for Child Survivors</li> <li>• Role Plays</li> </ul>	<b>4</b>
<b>Session 6:</b> <b>Wednesday, June 12<sup>th</sup></b> <b>6pm – 10pm</b> <b>Legal Advocacy</b>	<ul style="list-style-type: none"> <li>• Legal Rights of the Survivor</li> <li>• Confidentiality &amp; Absolute Privilege</li> <li>• Descriptions of Crimes</li> <li>• Overview of Court System</li> <li>• Crime Victim’s Bill of Rights</li> </ul>	<b>4</b>
<b>Session 7:</b> <b>Saturday, June 15<sup>th</sup></b> <b>9am – 5pm</b> <b>General Volunteer Orientation</b>	<ul style="list-style-type: none"> <li>• Making Referrals</li> <li>• Required Forms and Documentation</li> <li>• What to Bring on a Hospital Call               <ul style="list-style-type: none"> <li>○ NWCASA Hospital Specific Information</li> </ul> </li> <li>• Role Plays, Scheduling &amp; Wrap-up</li> </ul>	<b>8</b>
<b>Total Number of Hours</b>		<b>40</b>

Contact Allyson Schnoor, Volunteer Coordinator, for more information or to register for the training:

[aschnoor@nwcasa.org](mailto:aschnoor@nwcasa.org) or 847-806-6526 x 19